



2020 iRun4Life Registration is available online starting
Wednesday, February 12th through February 28th

iRun4Life is an afterschool, noncompetitive running program that focuses on building strength and confidence, eating healthy, and doing good deeds.

It is open to students in 1st through 6th grades. Due to previous years limited number of volunteers, we will be capping the number of participants at 125 students this year. If the cap is reached, we will create a waitlist; students will be added in order if we are able to find additional volunteers.

Registration is on a FIRST COME, FIRST SERVE basis.

Training will start **Wednesday, March 25th** and end on **Wednesday, May 13th**. Students participating in the program will be dismissed to the Jamison gym at the end of the school day. We will practice on Wednesdays until 4:30 PM. We will meet rain or shine!

Our training will lead up to the **Annual iRun4Life Kids Only 3K which will be held on Sunday, May 17th** at Central Park in Doylestown. Participation in the race is strictly voluntary. Please note that registration for the race is separate, and there is an additional fee. More details to follow.

Please go to www.iRun4Life.org to register your child(ren) for the program. Please click on the orange "Parents" button, and fill out all necessary information. It's that simple! There is a \$30 registration fee (per child; 3rd child FREE) to defray the cost of t-shirts, supplies, incentives, snacks, etc. **You must register online before sending in payment to ensure availability in the program.** When you register you will be asked your child's t-shirt size. Please note that t-shirts run small and we recommend sizing up. Once registered online, please send your fee to your child's teacher no later than **Friday, February 28th** in an envelope marked "iRun4Life". Please include your child's name, teacher and grade on the envelope. Please make checks payable to: Jamison HSA. Once we meet our maximum amount of registrants, online registration will close...no exceptions...so, register asap!*

Volunteers are a vital part of our iRun4Life program! We could not run this program without them; they ensure the proper supervision and safety necessary for such a large group of students. All volunteers must submit necessary clearances to the iRun4Life website. If you are interested in volunteering, please contact Jessica Philp at jamison@irun4life.com